

UPDATE –Information on Covid-19 and Government Measures

Information from 10th of June 2020.

The highly dynamic situation regarding the new coronavirus (Covid-19) lead to restrictions in order to protect people from infection and to prevent the health system from being overburdened.

The federal states decide on the gradual opening of public life on their own responsibility. They also take into account the regional development of the Covid-19 infection figures.

Every person is encouraged to keep closer and longer contacts with other people to a minimum and to keep the circle of people with whom closer or longer contacts exist as constant as possible. Where possible, meetings should preferably be held outdoors. Persons with symptoms of respiratory tract infection (especially coughing, cold symptoms, fever) should stay at home and get medical advice.

Please find below an overview of the current regulations.

The following regulations apply nation-wide:

The contact restrictions continue to apply in general until 29th June. It is still required to reduce contact with people other than the members of your own household to an absolute minimum. In public a minimum distance of at least 1.5 meters has to be kept. Major events are forbidden until minimum 31st of August 2020.

Under strict hygiene conditions, access restrictions and by avoiding queues, **all shops can reopen.** Wearing an **everyday-mask in public transportation (at the stations and in the vehicles) and while shopping in retail is mandatory.** Medical Masks are not necessary, a self-made mask or a scarf around mouth and nose will be accepted as well. Masks can be bought in pharmacies, drug stores or online. Instructions on how to assemble masks yourself are also available online. Please note that wearing a mask does **not** mean keeping distance and maintaining an intense hand-hygiene is no longer necessary.

Sport and training operations in mass and leisure sports **in the open air will be permitted again** under special hygienic conditions. For further information on how exactly the reopening will proceed please directly contact your trainer or sports club

A worldwide travel warning for unnecessary touristic travel abroad remains in place until 31st of August. The travel warning for the member states of the European Union, for Schengen-associated states and for the United Kingdom will be lifted as of June 15, 2020, but travel limitations can still occur, always check the current travel and safety instructions before travelling. **Before travelling to Germany, please inform yourself about the entry and quarantine regulations applicable to your particular case.**

The following measures to prevent yourself and the whole society from the coronavirus (COVID-19) are recommended:

1. Regular and thorough hand washing, proper coughing and sneezing
2. Keeping distance from sick persons, refrain from shaking hands
3. **Avoid going on trips, using public transport or meeting in groups if not necessary.**
4. Reduce contact to others to the bare minimum, avoid crowds – social distancing!
5. If you feel sick, contact the International office as soon as possible to get a doctors appointment – until the appointment stay at home and avoid social contact.

Regulations in the federal states of Germany:

If you want to travel to another federal state in Germany please always check the local regulations beforehand!

You can find further information on the specific regulations in each federal state via the following website: <https://www.bundesregierung.de/bregde/themen/coronavirus/corona-bundeslaender-1745198>



The following regulations apply for Rhineland-Palatinate (Mainz):

- Meetings of up to ten people or a meeting of members of two households are **allowed from 10th of June on.**
- Restaurants are reopened with strict hygiene regulations. Guests must provide their contact details.
- Day-trip boats are allowed to go out again. Distance and hygiene regulations are in place.
- Museums, Galleries, memorials and castles, cinemas and theatres are open.
- Hotels and all similar accommodations are open for tourists. Hoteliers must also present a comprehensive hygiene concept.
- Religious services are allowed under strict hygiene regulations. Please check with your local institution.
- Open-Air swimming pools are allowed to reopen (Taubertsbergbad is still closed due to renovations). Indoor swimming halls are allowed to reopen from 10th of June on.
- Clubs, Discos and similar establishments are closed
- Fairs, festivals and similar events are not allowed

The following regulations apply for Hessen (Wiesbaden & Frankfurt):

- Meetings of up to ten people or a meeting of members of two households are **allowed from 11th of June on.**
- Restaurants are reopened with strict hygiene regulations. Guests must provide their contact details.
- Hotels are open for tourists again. Strict hygiene regulations apply.
- Museums, Galleries, memorials and castles, cinemas and theatres are open.
- Open-Air swimming pools and Indoor swimming halls are allowed to reopen from 15th of June on under strict hygiene regulations.
- At **train stations and airports wearing every-day masks** is mandatory

Please keep yourself informed, as the situation is constantly changing. If you need any help or have any questions don't hesitate to contact the international office.

Sources of information:

As the situation is constantly changing please make sure that the sources of information you select are up to date!

Specific information about the regulations in the federal states:

<https://www.bundesregierung.de/breg-de/themen/coronavirus/corona-bundeslaender-1745198>

Step-by-step plan for the federal state of Rhineland-Palatinate:

<https://corona.rlp.de/de/themen/zukunftsperspektive-rheinland-pfalz/>

Information on the regulations for the federal state of Hessen:

<https://www.hessen.de/fuer-buerger/aktuelle-informationen-zu-corona-hessen>

FAQs on the Coronavirus (English)

<https://www.bundesregierung.de/breg-en/issues/ausbreitung-coronavirus-1726158>

Information page of the city of Mainz

<https://www.mainz.de/en/service/protection-against-coronavirus-infections.php>

Government of the federal state of Rhineland-Palatinate (German only)

<https://corona.rlp.de/de/startseite/>

Daily situation assessment of the Robert-Koch-Institute (English version available)

https://www.rki.de/DE/Content/InfAZ/N/Neuartiges_Coronavirus/Situationsberichte/Gesamt.html

Key hygiene tips:

https://www.infektionsschutz.de/fileadmin/infektionsschutz.de/Downloads/200309_BZgA_Atemwegsinfektion-Hygiene_schuetzt_3x_03_EN.pdf

Information in several languages:

<https://www.bundesregierung.de/breg-de/themen/coronavirus/coronavirus-covid>

<https://www.integrationsbeauftragte.de/ib-de/amt-und-person/informationen-zum-coronavirus>